



Safeguarding and Welfare

Autumn 1 - 2019

A brief guide to the 'Lights' system

	Examples of Positive behaviours
Purple	Demonstrated positive behaviours beyond those expected by the school e.g. consistently working to a very high standard, taking part in community or charity work, showing kindness or helpfulness, achieving excellence in an out of school activity.

	Examples of offenses
Yellow	being unkind, persistent disruptive behaviour, disrespecting adults, ignoring warnings and swearing.
Amber	fighting or aggressive behaviour, leaving a classroom without permission, stealing and deliberate damage to school property.
Red	violence towards a member of staff, anything that is deemed as unsafe, leaving the school premises without permission, racial/ prejudice/ homophobic incidents, bullying.

Look out for information on the number of Lights issued each half term along with a celebration of Purple Lights and treats.

Attendance

Each half term there will be an update of attendance figures for the previous half term. As a school we are aiming for an average of 96% attendance this year.

What does this mean for my child?

It is important that your child/children attend school every day and arrive on time.

The school gates open at 8.40am and close at 8.50am. Your child needs to arrive at school between these times. All children take part in early morning activities. These are often designed to focus on particular areas of your child's learning where they may need additional support, time to practice skills or opportunities to broaden their knowledge. If your child arrives late they will be missing out on essential learning opportunities and have less time to greet their friends and settle into the classroom ready to start lessons.



Individual pupils and classes are rewarded for excellent attendance plus pupils who have made significant improvements in the number of days they have been in school. This Year each class has a 'Mr Potato Head' where they can earn body parts for class attendance. Each class can decide where to place their body parts with some interesting results!



This Year we will be working closely with the children's emotional wellbeing charity CHUMS. We have invited them into school during children's mental health week in February 2020 to talk to parents. Look out for further information.

One way to support your child's wellbeing is to establish routines at home and at school. Anyone who has close contact with a child knows that bed-times can sometimes be a challenging part of the day. A lack of sleep can have a negative effect on a child's ability to cope with their emotions and the wider world.

This is what CHUMS suggest:

'Support your child to try to go to bed and get up at roughly the same time each day. By doing this, the body starts to associate times of the day with sleep. You may need to do this for several weeks to establish a regular sleep-wake cycle.

Children are more likely to struggle with sleep if they are tense or excited when going to bed. Therefore, it is important to help your child to relax before bed and to develop bed-time rituals.

There are many ways you can do this but you may like to encourage your child to:

1. Have a bath
2. Have a warm milky drink or glass of water that they take to bed
3. Read a book or listen to soothing music or an audio book
Listen to relaxation CDs

With younger children or children who are struggling to feel safe, you may also find it helpful to have some time for cuddles, to help your child to feel secure.'

For more information visit:
<http://chums.uk.com/sleep/>

The Inclusion Team

From the end of the Summer Term 2018 the Special Needs (SEND) and Welfare teams were brought together to form the Inclusion Team so that we can all work more closely together to support vulnerable children and their families.

Meet the team!



Ms S Payne
Head of Inclusion



Mrs H Magee
SEND Administrator



Mrs L Barnard
Speech & Language Hub Manager



Mrs H Yeoman
Welfare Officer
Attendance lead



Mrs K Burnham
Welfare Officer
Early Help pathway

If you would like to speak to a member of the Inclusion Team please contact the main school office.