

**COMING  
UP  
SOON IN  
2018**

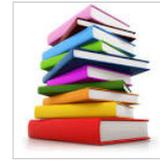
**A FEW DATES FOR  
YOUR DIARIES**



. VISIT TO THE APPLE  
STORE IN CAMBRIDGE-  
JANUARY 2018



. SCHOOL NURSE  
DROP IN WILL BE ON  
THURSDAY 18<sup>TH</sup>  
JANUARY 2018.



.BOOK FAIR WEEK  
BEGINNING 16<sup>TH</sup> JANUARY  
2018

# SAFETY, WELFARE AND WELLBEING NEWSLETTER



We are thrilled with the number of children that are putting their names forward to help and support charity events.

The names for the huge teddy were sold and the competition was drawn on Thursday 14<sup>th</sup>. £58.00 was raised.

## HIGHLIGHTS

Congratulations to the amazing amount of children who received purple lights.

Keep up the good work.

We have had a very successful Family Christmas bingo with a generous amount of donations. Thank you to everyone for their support.

A very successful Christmas Crafts evening where many children and parents attended.

It has been a very good term and we hope you all have a lovely winter break.

Remember stay safe over the holidays.

Thank you for your generous contributions by sending in toys that were sold at the Christmas craft evening. This event was organised by Jessica P and Courtney C and all monies raised was donated to The British Red Cross who support families in disaster areas. £108.70 was raised.

The two Year 6 Anti-Bullying Ambassadors Hope and Lucas have completed their training and will support children that are having any friendship issues. They will also pop into the lunchtime friendship groups to help the staff by sitting with small groups playing games or just reading to them. This is a fairly new role in school and we are delighted with the enthusiasm of the two wonderful role models that were chosen for this special peer role.

Last week Mrs Campbell organized two Christmas themed Purple Light Treats which were thoroughly enjoyed by the children. We will try to ensure that all the children with Purple Lights have their treat before the end of term.

Please note that the next School Nurse drop in will be on Thursday 18<sup>th</sup> January 2018.

Could we please remind parents to use the 'Park and Stride Car Parks'. We have had several complaints from residents and parents concerned about the safety of children walking to and from school-one parent witnessed a car pull onto and drive along the grass verge and pavement behind a parent walking with a pushchair and a child on a scooter. Parking on the grass verges outside the resident' homes churns up the grass and makes deep ruts in the verges which adds to their frustration and complaints. Please respect the

double yellow lines and zig zags around the school entrance and park responsibly. There is also an agreement that parking is also available at the Heron pub car park.

At the end of the school day, it is important that the children are collected on time. Recently the staff in the Welfare Office have had some children there still at 4:30pm and occasionally later. At this time of year the staff are all involved in additional activities within school and we do not have the facility to monitor the children until they are collected.

## Behaviour Lights

Below are details of lights issued during November to date

Racial/Homophobic Incidents	0
Bullying	0
Verbal Incidents	2
Physical Incidents	16
School Expectations not met	16
Disruption/Preventing Teaching & Learning	0
Purple lights and treats	36

	Purple	Green	Amber	Red	Number of children with behaviour plans who received lights
Year R	6				
Year 1	3	2		1	1
Year 2	8	12			1
Year 3	3	8	6		1
Year 4	8	1			
Year 5	6	1		1	4
Year 6	2	1		1	0

Feature of the Month-Mental health and wellbeing.

With all the pressures on a modern day parent, it's all too easy to become distracted when you're with your child. Whether it's the phone ringing, the bill that needs paying, or the dinner that needs cooking, parents are often juggling many demands on their time - particularly if you have more than one child! But we still need to ensure we are spending quality time with children and ensuring their mental health and wellbeing are looked after at all times.

It is widely recognised that a child's emotional health and wellbeing influences their cognitive development and learning as well as their physical and social health and their mental wellbeing in adulthood. This is why it is essential to promote emotional health and wellbeing at home and in school.

The physical, social and emotional environment in which parents and children spend a high proportion of time each day has been shown to affect their physical, emotional and mental health and wellbeing as well as impacting on attainment. Relationships between parents and children and between other adults, are critical in promoting student wellbeing and in helping to encourage a sense of belonging to and liking of home and school.

Children are extremely observant and aware of what is going on around them. As parents we are constant role models. It's important to think about your own behaviour and how you deal with emotions such as anger and frustration in front of your children, as this will influence how they behave and cope themselves.

Providing a stable and consistent environment, with clear boundaries, will help your child to feel secure and better able to learn about and cope with the world around them. Most importantly, remember that it's natural for everyone to get upset or angry sometimes, and parenting can be a very stressful experience. Be kind to yourself and look after your own mental health, as this will have the most beneficial impact of all on the wellbeing of your child.

We are here to offer support to help parents or carers develop supporting children. This may involve providing information or offering small, group-based programmes run by community nurses (such as school nurses and health visitors) or other appropriately trained health or education practitioners. In addition, all parents can find details of the school's policies on promoting social and emotional wellbeing and preventing mental health problems on our school website.

It feels great helping others as we are a very kind school. We have had a very successful term with a large number of children working on a range of charity work on some lovely fundraising projects.

Finally, we just wanted to say a huge thank you to all of the parents that we have had the pleasure to work alongside so far this term. Please continue to pop and see us at the Welfare Reception. We will always try to make time to chat with you, have a coffee and try to help you with any concerns that you may have.

Mrs L Martin	Mrs R Farooq-Ayub	Mrs H Dawson	Mrs H Yeoman	Mrs D Campbell	Mrs H Magee
Designated Lead	Deputy Designated Lead	Welfare Officer	Attendance/welfare officer	Welfare Officer	Welfare Officer